

PAVEMENT BIKE MAINTENANCE SCHEDULE

ON-PAVEMENT RIDING average riding 2-10 miles		10 RIDES	50 RIDES	100 RIDES
CHECKUP	Inspect Tire Pressure	Pump your sidewall's mid to max pressure, based on ride style: more air = faster but bumpier. Inflate every 2 weeks		
	Inspect wheel true	✓		
	Inspect nuts & bolts		✓	
	Inspect & tighten cranks			✓
	Inspect chain stretch		✓	
	Check wheel skewers for tightness	✓		
CLEANING	Lube & clean chain	Based on riding conditions. You want a quiet, relatively clean chain with some oil to reduce wear on other parts		
	Degrease drivetrain		✓	
	Lube cables – brakes & gears		✓	
	Grease nuts & bolts			✓
	Grease bearings			✓
REPLACEMENT	Replace cables & housing			✓
	Replace chain*			✓
	Replace cassette*			✓
	Replace tires			✓
	Replace grips / bar tape			✓

* Replacement of drivetrain will be sooner if regular lubing & cleaning is not maintained.